

Pathfinder - Women's Health – HE ED 3

How to Find Internet Resources

The following sites are from agencies of the U.S. government

<http://www.nlm.nih.gov/medlineplus/womenshealth.htm> Medline Plus is from the U.S. National Library of Medicine and the National Institutes of Health

<http://www.cdc.gov/women/> the women's page from the Centers for Disease Control.

<http://www.4women.gov/> A U.S. government page with links to federal pages on women's health.

<http://www.ahrq.gov/research/minority.htm> A government site focusing on health care for minority women.

<http://www.nhlbi.nih.gov/whi/> Women's Health Initiative with current issues from the NIH.

<http://www.healthfinder.gov/scripts/SearchContext.asp?topic=920&super=112&Branch=5> The Women's Health page from the U.S. Dept. of Health and Human Services online healthfinder site.

The following Web pages are from non-governmental, reputable sources.

<http://www.nytimes.com/pages/health/womenshealth/> A large site with hundreds of links to women's health pages.

http://dir.yahoo.com/Health/Women_s_Health/?skw=womens+health+issues Yahoo's subject directory of women's health topics.

<http://www.mayoclinic.com/health/womens-health/WO99999> the Mayo Clinic's online women's health page.

http://www.medicinenet.com/womens_health/focus.htm MedicineNet is part of WebMD, a private company in the health field.

<http://www.about-face.org/> This page helps women and girls deal with harmful media messages



<http://www.sarpcenter.org/> A local (SLO) page relating to sexual assault

<http://www.mckinley.uiuc.edu/multiculturalhealth/womenhealth.htm> From the McKinley Health Center at the U. of Illinois, this page is from the Multicultural Health Clearinghouse and deals with women's health issues.

<http://www.nytimes.com/specials/women/whome/resources.html> A large and excellent bibliography of online information on every aspect of women's health

<http://www.nowfoundation.org/issues/health/whp/> A series of fact sheets from the National Organization for Women Foundation

Finding Books and eBooks from the Cuesta College Library

- Our Library has a number of current books on women's health. From the Library's home page <http://library.cuesta.edu> under **Find a Book**, select **WebCat** and type a keyword (for instance: *Women's Health*) in the *Search* field. Write down the call number. Books are arranged by the Library of Congress Classification System and are found in the bookstacks by this number. For a good introduction on using LC call numbers go to York University's LC page <http://www.info.library.yorku.ca/yorkline/lc/lc.html>
- Your teacher may have placed books on Reserve at the Circulation Desk. Check there, or look under your instructor's name in WebCat by selecting the  icon at the top of the screen.
- Cuesta subscribes to a number of books you can read online. They are very current. Online books (eBooks) are also accessed from **WebCat**. The eBook call number is ONLINE and says Internet (for location) in the right hand column. Access eBooks by selecting the  icon to the left of the title in your list of books in **WebCat**. Scroll down to *Electronic Access* and select the underlined link.

To access eBooks from home you must first create a free account. Go to eBooks (under Find a Book). The eBook page comes up. Choose the correct login entry from Cuesta or home, and find Create an Account at the right top of the NetLibrary page.

- Health encyclopedias and other health reference books can be found in the **Reference** book section. They will often have clear background information on various topics. Use the Index at the end of the set and look under the subject you are researching.

Periodicals (Journals, Magazines, Newspapers) in online databases

- Cuesta subscribes to the following online databases: [EBSCOhost](#), [SIRS](#), [National Newspaper Index](#), and [NewsBank](#). They can be accessed from the Library's home page at Cuesta or from home.
- [EBSCOhost](#) has a general database and a nursing/medical database. Both are useful for women's health articles.
- **Books from other libraries**
- On the Cuesta Library's home page <http://library.cuesta.edu>, look under **Find a Book** and choose **Other Library Catalogs**.
- Request books from other libraries by using the online link to the [Interlibrary Loan Request](#) form, found at the left side of the Library home page <http://library.cuesta.edu>. Allow 7-10 working days to receive your materials.